



APP	119.730, 120.400*, 127.525*, 134.980*	HEATHROW DIRECTOR
TWR	118.505, 118.705*, 124.475*	HEATHROW TOWER
RAD	125.625*, 127.525*	HEATHROW RADAR
ATIS	128.080, 113.750, 117.000	HEATHROW INFORMATION
* See EGLL AD 2.18 for details.		

WAYPOINTS	
SIRIC	: 512036.17N 0013356.89W
CPT	: 512929.66N 0011310.89W
BNN	: 514334.19N 0003259.10W

TRANSITION ALTITUDE	6000
TRANSITION LEVEL	ATC
AREA MSL ALT (x100)	37

ROUTE DESIGNATOR	VIA	ROUTE	LEVELS
SIRIC 12	ATC	SIRIC - CPT - BNN	SIRIC FL140 BNN FL070

- GENERAL INFORMATION
- Standard Routes may be varied at the discretion of ATC.
 - Adhere to maximum speed limits where specified by waypoint constraints.
 - Maximum 250KIAS below FL100 unless authorised by ATC.
 - Aircraft may be instructed "Direct to" (waypoint) following radar vectoring.
 - The routes shown also apply to aircraft inbound to **Northolt** and **Denham**.
 - SIRIC 12 is an overland procedure to be used only when instructed by ATC. Not to be used for flight planning purposes.