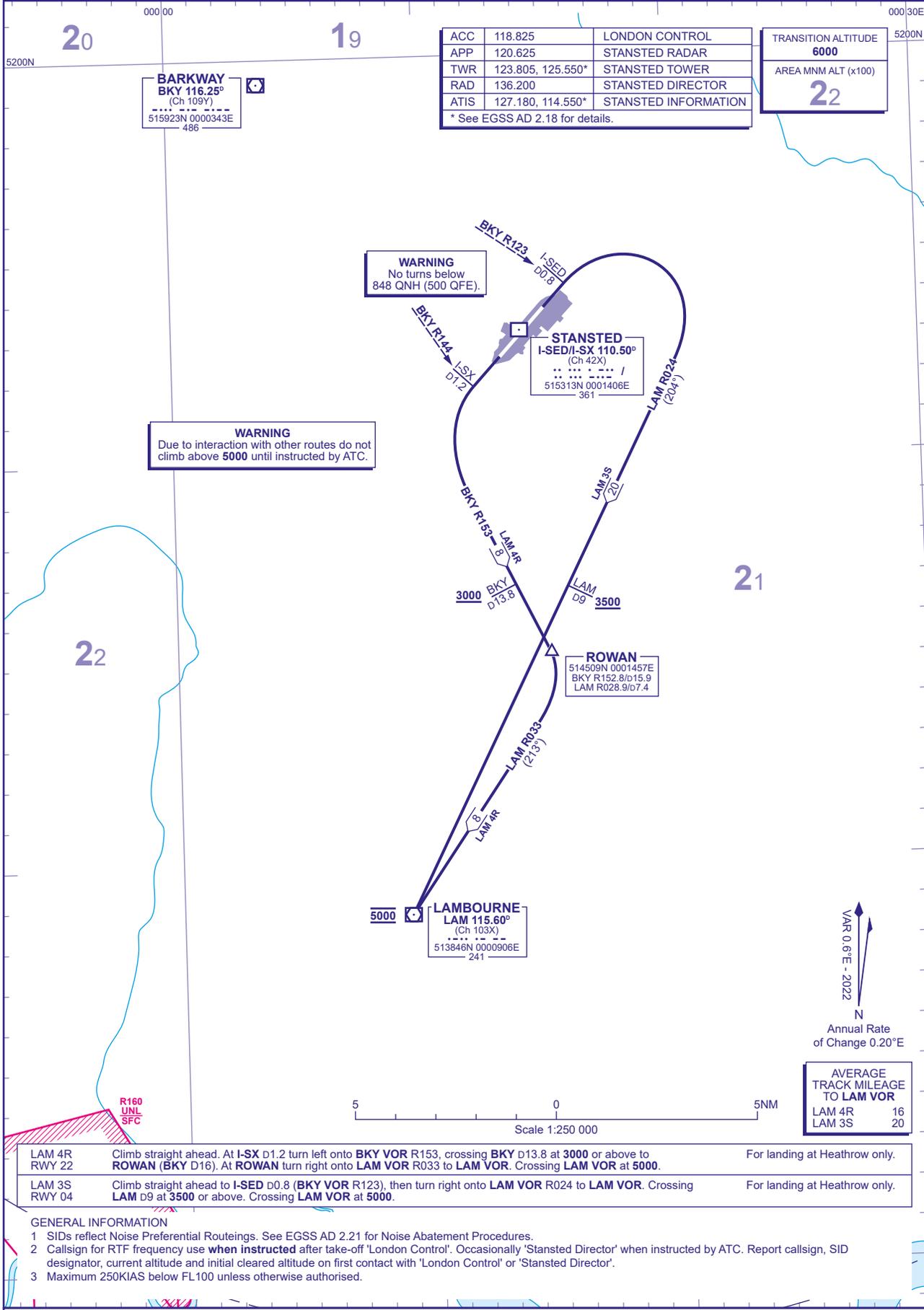


STANDARD DEPARTURE CHART - INSTRUMENT (SID) - ICAO

DISTANCES IN NAUTICAL MILES
BEARINGS, TRACKS AND RADIALS ARE MAGNETIC
ALTITUDES AND ELEVATIONS ARE IN FEET

LONDON STANSTED LAMBOURNE 4R 3S



LAM 4R RWY 22	Climb straight ahead. At I-SX D1.2 turn left onto BKY VOR R153, crossing BKY D13.8 at 3000 or above to ROWAN (BKY D16). At ROWAN turn right onto LAM VOR R033 to LAM VOR. Crossing LAM VOR at 5000.	For landing at Heathrow only.
LAM 3S RWY 04	Climb straight ahead to I-SED D0.8 (BKY VOR R123), then turn right onto LAM VOR R024 to LAM VOR. Crossing LAM D9 at 3500 or above. Crossing LAM VOR at 5000.	For landing at Heathrow only.

GENERAL INFORMATION

- SIDs reflect Noise Preferential Routeings. See EGSS AD 2.21 for Noise Abatement Procedures.
- Callsign for RTF frequency use **when instructed** after take-off 'London Control'. Occasionally 'Stansted Director' when instructed by ATC. Report callsign, SID designator, current altitude and initial cleared altitude on first contact with 'London Control' or 'Stansted Director'.
- Maximum 250KIAS below FL100 unless otherwise authorised.

CHANGE (1/24): AERODROME BOUNDARY REVISED.