

FRANKFURT MAIN
RNAV (GPS,DME/DME/IRU) RWY 07C/07R

STANDARD INSTRUMENT DEPARTURE
ROUTES (SID)

Designator			Route		After Take-Off				Procedure remarks		
					Climb to		Contact				
CINDY 2D			CINDY TWO DELTA From RW07C on track 066°, at or above 820 ft. Direct to DF152. Direct to DF150, maximum speed 220 kts. To DF153. To AMTIX. To CINDY. From RW07R on track 066°, at or above 820 ft. Direct to DF152. Direct to DF150, maximum speed 220 kts. To DF153. To AMTIX. To CINDY.		4000 ft		LANGEN RADAR 136.130 * Contact Langen Radar when advised by Tower! * Departure frequency may deviate from the frequency published. Check ATIS for current departure frequency.		For Operational Runway Use Concept see AD 2 EDDF 5-7-1 and 5-7-2.		
Route Type	Path Terminator	Waypoint Identifier	Coordinates	Fly-over	(True Track) MAG Track (°)	Distance (NM)	Turn Direction	Altitude (ft) Flight Level	Speed Limit (kt IAS)	NAV Specification	Remark
Runway	FA	RW07C	N 50 01 57.42 E 008 32 04.67	N	(T069.7) 066	-	-	A820+	-	RNAV 1	-
Runway	DF	DF152	N 50 04 13.99 E 008 42 28.83	Y	-	-	-	-	-	RNAV 1	-
Runway	DF	DF150	N 50 00 36.90 E 008 45 06.26	N	-	-	-	-	220-	RNAV 1	-
Runway	FA	RW07R	N 50 01 39.15 E 008 32 03.03	N	(T069.7) 066	-	-	A820+	-	RNAV 1	-
Runway	DF	DF152	N 50 04 13.99 E 008 42 28.83	Y	-	-	-	-	-	RNAV 1	-
Runway	DF	DF150	N 50 00 36.90 E 008 45 06.26	N	-	-	-	-	220-	RNAV 1	-
Common	IF	DF150	N 50 00 36.90 E 008 45 06.26	N	-	-	-	-	-	RNAV 1	-
Common	TF	DF153	N 49 50 28.89 E 008 41 25.87	N	(T193.2) 190	10.4	-	-	-	RNAV 1	-
Common	TF	AMTIX	N 49 45 43.59 E 009 05 29.55	N	(T106.8) 103	16.3	-	-	-	RNAV 1	-
Common	TF	CINDY	N 49 44 48.46 E 009 11 15.15	N	(T103.8) 100	3.8	-	-	-	RNAV 1	-

Designator			Route		After Take-Off				Procedure remarks		
					Climb to		Contact				
SOBRA 7D			SOBRA SEVEN DELTA From RW07C on track 066°, at or above 820 ft. Direct to DF152. Direct to DF150, maximum speed 220 kts. To DF157. To ROSIG. To DF201, at or above FL90. To DONAB. To SOBRA. From RW07R on track 066°, at or above 820 ft. Direct to DF152. Direct to DF150, maximum speed 220 kts. To DF157. To ROSIG. To DF201, at or above FL90. To DONAB. To SOBRA.		4000 ft		LANGEN RADAR 136.130 * Contact Langen Radar when advised by Tower! * Departure frequency may deviate from the frequency published. Check ATIS for current departure frequency.		1. For Operational Runway Use Concept see AD 2 EDDF 5-7-1 and 5-7-2. 2. For flights intending to proceed at FL 250 or above via Y180/Y181. Flights have to be able to cross RUDOT at FL 240 or above. If unable to comply, flight plan shall read RUDOT - FL 220 - Y180 - DIK RFL. 3. Cross DF201 at FL90 or above. If unable to comply, advise EDDF DELIVERY prior to start-up.		
Route Type	Path Terminator	Waypoint Identifier	Coordinates	Fly-over	(True Track) MAG Track (°)	Distance (NM)	Turn Direction	Altitude (ft) Flight Level	Speed Limit (kt IAS)	NAV Specification	Remark
Runway	FA	RW07C	N 50 01 57.42 E 008 32 04.67	N	(T069.7) 066	-	-	A820+	-	RNAV 1	-
Runway	DF	DF152	N 50 04 13.99 E 008 42 28.83	Y	-	-	-	-	-	RNAV 1	-
Runway	DF	DF150	N 50 00 36.90 E 008 45 06.26	N	-	-	-	-	220-	RNAV 1	-
Runway	FA	RW07R	N 50 01 39.15 E 008 32 03.03	N	(T069.7) 066	-	-	A820+	-	RNAV 1	-
Runway	DF	DF152	N 50 04 13.99 E 008 42 28.83	Y	-	-	-	-	-	RNAV 1	-
Runway	DF	DF150	N 50 00 36.90 E 008 45 06.26	N	-	-	-	-	220-	RNAV 1	-
Common	IF	DF150	N 50 00 36.90 E 008 45 06.26	N	-	-	-	-	-	RNAV 1	-
Common	TF	DF157	N 49 47 27.96 E 008 40 20.26	N	(T193.2) 190	13.5	-	-	-	RNAV 1	-
Common	TF	ROSIG	N 49 46 06.01 E 008 21 33.92	N	(T263.7) 260	12.2	-	-	-	RNAV 1	-
Common	TF	DF201	N 49 47 15.18 E 008 14 22.30	N	(T283.9) 281	4.8	-	FL90+	-	RNAV 1	-
Common	TF	DONAB	N 49 49 15.89 E 008 01 44.83	N	(T283.9) 281	8.4	-	-	-	RNAV 1	-
Common	TF	SOBRA	N 49 51 39.00 E 007 46 32.00	N	(T283.7) 280	10.1	-	-	-	RNAV 1	-