

RNAV HOLDING IDENTIFICATION								
Path Terminator	Holding Fix	Coordinates	Inbound (True Track°) Mag Track°	Max Speed (kt IAS)	Altitude (ft) / Flight Level	Time (MIN) / Distance outbound	Turn Direction	Remarks
HM	BOWEK	N 49 32 01.84 E 010 05 08.63	(T305.0) 302	230-	FL140+	1	R	-
HM	MAMBU	N 50 00 00.00 E 009 42 15.00	(T286.5) 283	230-	FL130+	1	R	-
HM	SPESA	N 49 51 44.07 E 009 20 53.97	(T286.5) 283	230-	A5000+	1	R	-
HM	CHA	N 49 55 15.97 E 009 02 23.34	(T286.5) 283	230-	FL100-/A5000+	1	R	-
HM	EMGOD	N 50 11 47.00 E 007 19 44.00	(T114.9) 112	280-	FL110+	1	L	-
HM	KERAX	N 50 28 30.00 E 009 34 55.00	(T199.0) 196	230-	A6000+	1	R	-
HM	GED	N 50 24 43.02 E 009 14 57.01	(T182.0) 179	230-	A6000+	1	R	-
HM	REKDI	N 49 39 17.67 E 010 25 56.65	(T328.0) 325	230-	FL240-/FL140+	1	R	-
HM	UNOKO	N 50 27 17.00 E 007 13 38.00	(T090.3) 087	230-	FL110+	1	R	-
HM	ROLIS	N 50 26 06.37 E 007 49 30.55	(T160.0) 157	230-	FL100+	1	L	-